



Journey 21: 21 Days - 10 Strategies to a Better Work Life (Paperback)

By Gail Depriest Ma

Gail Depriest, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.We live in volatile, uncertain and chaotic times which require a new type of personal leadership. This structured journal is the result of a project which helped hundreds of students and corporate employees with exercises in mindfulness, reflection and placing attention on strategic behaviors. The process challenges you to think about how you are managing yourself, how you are helping others be successful and how you are adding value at work through ideas and solutions.



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- **Romaine Rippin**

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**