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Acne: The Essential Guide

By Antonia Mariconda

Need2Know. Paperback. Book Condition: new. BRAND NEW, Acne: The Essential Guide, Antonia Mariconda, Acne is a problem that has no age barriers. For the majority of sufferers, the symptoms of acne will disappear when they reach their 20s, but many people can still be seeking an acne cure well into their adult life. Using expert advice and the latest research, this book brings together the essential facts on acne and provides information on symptoms, diagnosis and treatment of this misunderstood skin condition. Whether you are seeking answers to your own acne problem or are a parent or partner of someone suffering with the condition, all the information you need to understand the causes and treatment of acne are provided in this handy guide. Acne can be very distressing for those suffering from it. This guide also provides information on self-esteem and how to feel confident and happy in your skin.



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